

## **Everything you need to know about the 2023 “La Tierra Torture” Mountain Bike Race**

Please read carefully.

Thank you for coming to the 17th Torture Mountain Bike Race promoted by the CORE Crew!

### **Registration**

You can register at the Core Crew website [www.CORE-Crew.com](http://www.CORE-Crew.com) until midnight August 24th, 2023. Race numbers can be picked up Friday August 25th from 4-6:30pm and on race day August 26th from 7:30 to 8:30am. Number pick up will be at the top of the hill on Pipeline Road off Camino de Los Montoyas.

### **Giving Back**

Our goal is to provide a great racing venue while using the proceeds of the race to support local non-profits who assist the community with outdoor activities, specifically developing and maintaining our trail systems. Visit our website for details: <https://www.CORE-Crew.com> We appreciate your support and welcome your feedback about the event, feedback can be sent directly to the CORE Crew via the website.

### **Sponsors**

We would like to thank all of our sponsors for helping make this event possible: Broken Spoke, UBS(Keith Fallis CFP), Racing Apparel, NM Bike & Sport, Atalya Search & Rescue, Santa Fe Conservation Trust, Running Hub, CORE Crew, Team Santa Fe, Bicycle Technologies International, Harry's Roadhouse, Whoo's Donuts, Prince, Schmidt, Korte, Baca & Woods LLC and Mellow Velo. **Please support these sponsors by visiting their websites or place of business; we could not produce this race without their support!!**

### **Race Venue and Courses**

The race venue is located on the La Tierra Trail in NW Santa Fe off the 599 Bypass. Take the 599 exit from either I25 or US 285. From I25 you head N on

599 for about 10 miles and turn left onto Camino de Los Montoyas. If using US 285 take the 599 exit and travel about 3 miles on 599 and then turn right onto Camino de Los Montoyas. Travel about 1 mile north on Camino de Los Montoyas past the Frijoles Trailhead parking area and the Pipeline Road will be on your left. The Pipeline Road is a moderately rough dirt road, you will be parking on the left side of the road as you travel west on the road. There will be parking attendants to help you. You will bike from your parking spot to the race venue depending on where you park this may be anywhere from 250 yards to 3/4 of a mile. All races will start at the bottom of the hill adjacent to the pump house a favorite starting spot! All races will go in a counterclockwise direction. Each race will start with a 200 yard climb up the hill then on to double track for about 3/4 of a mile before hitting single track. Expert racers will do three laps(except expert women 60+ will only do 2 laps), Intermediate & SS racers will 2 laps and Beginner racers will do 1 lap. The course will be marked with a combination of yellow caution tape and red spray chalk. At no time will you cross the tape or chalk on the ground. The course markings will be mainly on your left at eye level and on the ground. When on a single track or double track without turn offs there will not be course markings again until you get to the next turn. The turns will be heavily marked, but remember do not cross any yellow caution tape or red chalk paint. The course will not be fully marked for pre-riding until Friday afternoon, August 26th at 4PM. You can use the online map to pre-ride at any time after it is posted. Please do not abuse the course when pre-riding and remember there are many users of the La Tierra Trails so be courteous to others on the trail.

## **Race Day Instructions**

### **Parking**

Parking is available along the left side of Pipeline Road as you travel west. The area will be well marked. There is adequate room but please be respectful of other racers.

### **Race Day Warm Up**

You can warm up on the race course but please be respectful of race start times and other trail users.

### **Start Time, Finish Times**

The **men's and women's Beginner (1 lap)** race will begin at 8:30 AM and may be staggered depending on the number of racers. Please be at the starting line no

later than 8:15 AM for the pre race briefing which will include any last minute information not available on the website. The race start will be at the bottom of the hill to the west of the main venue site adjacent to the pump house. This area will be well marked. To cool down please do not ride on the race course so as not to interfere with other racers. The Beginner awards will be done at approximately 10:30 at the Race venue at the top of the hill.

The **men's and women's Intermediate, SS (2 laps) and Expert(3 laps)** race will start at 9:30 AM in a staggered fashion. Please line up in the start area using the signs on the right indicating your race class. At race time we may separate categories further to minimize heavy traffic at the start. Please be at the starting line no later than 9:15 AM for the pre-race briefing. The race start will be at the bottom of the hill adjacent to the pump house to the west of the venue site. It will be well marked. To cool down please do not ride on the race course so as not to interfere with other racers. As you come to the end of a lap to ride another lap stay left through the course markings, following the sign that reads "More Laps". On your final lap go the right to the finish line, following the sign "finish". It is your responsibility to keep track of your laps. **(Stay left for additional laps and right to finish.)** To cool down post-race, please do not ride on the race course so as not to interfere with other racers. The awards will be around 12-12:30 PM after all riders have finished and the appropriate protest period is complete. The awards will be done at the top of the hill race venue.

### **Feed Zone & Race Courtesy**

There will be a formal feed zone where you can place water bottles and gels alongside the course to retrieve during the race but remember to completely pull off the riding line to resupply in the feed zone. Remember to be a courteous racer and let the rider you are going to pass know you are passing with some sort of verbal warning. Make sure that you have completed the pass before pulling in front of the passed rider. Please avoid the use of foul language. Unsportsmanlike conduct is grounds for disqualification. Please report your concerns to the race director.

### **Race Results, Awards and Food**

Race results should be available at the race headquarters beginning roughly 30 minutes after the last finisher in your event. There will be a standard protest period (15 minutes ) after results are posted. The results will be available both electronically and on paper. Remember "If there are 3 or fewer racers in a given

age group they may be combined with the next closest age group for purposes of awards at this event”. For NMORS scoring however the results will not be combined (so if you are the only racer in your category and you finish the race you will get 25 points towards your NMORS total). NMORS scoring is on the [NMORS.org](https://www.nmors.org) website, it usually takes 2-3 weeks after the latest race to get the NMORS scoring updated as we want to make sure the results are all correct. Results for the La Tierra Torture will also be available via Webscorer, <https://www.webscorer.com/core-crew> as soon they are finalized. Awards will be presented after this process is complete. Please visit the sponsor tents in the registration area.

**Thank you very much for racing with the CORE Crew!**